

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Cottage pie	Chicken Korma	Roast chicken	Beef lasagne	Battered cod
Recipe code	R01566	R02227	R02385	R02091	R02418
Main 2	Veggie sausage	Vegetable curry	Cheese and onion quiche	Potato tortilla with roasted veg and pesto	Veggie cheese burger
Recipe code	R01709	R00033	R00488	R01559	R00931 & R02457
Potato/Carb 1	mash	Rice	Roast potatoes	Herby potatoes	Chips
Recipe code	R00452	R01464	R02453	R02450	R00188
Vegetable 1	peas		carrots		Peas
Recipe code	R00449	R00448	R00182	R02111	R00056
Vegetable 2	sweetcorn		Broccoli		Baked Beans
Recipe code	R00180		R00180	R00084	R00173
CAKES					
Recipe code	R00528	R02212	R00523	R01628	R02474

Week 1: 3 September 2018, 24 September, 15 October, 12 November, 3 December, 7 January 2019, 28 January.

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Sausage and mash	Sweet and sour chicken	Roast gammon	Tuna and Sweetcorn pasta bake	Battered Fish MSC
Recipe code	R01735	R02400	R00761	R02394	R00169
Main 2	Shepherdess pie	Vegetable stir fry	Mac and Cheese	Mediterranean Stromboli	Veggie hotdog
Recipe code	R02439	R02437	R00349	R00499	R02164 & R02498
Potato/Carb 1	Mash	Rice	Roast potatoes	Green beans	Chips
Recipe code	R00035	R00157	R02453	R02450	R00188
Vegetable 1	Cabbage		carrots		Peas
Recipe code	R00182	R02141	R00182	R02459	R00056
Vegetable 2	Peas		Broccoli		Baked Beans
Recipe code	R00445	R00039	R00180	R00084	
Dessert					
Recipe code	R02469	R02480	R02468	R00525	R02471

Week 2: 10 September 2018, 1 October, 29 October, 19 November, 10 December, 14 January 2019, 4 February.

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Beef burger	Chicken Fajitas	Roast chicken and stuffing	Macaroni bolognese	Battered cod
Recipe code	R01567	R02407	R00047	R02395	R00411
Main 2	Cheese and tomato pinwheel	Vegetable chilli	Roasted quorn fillets	Vegetable bolognese	Cheese and onion pastie
Recipe code	R02210	R00017	R00496	R02440	R00317
Potato/Carb 1	wedges	Rice	Roast potatoes	Greens	Chips
Recipe code	R01568	R00106	R02453	R00452	R00188
Vegetable 1	BBQ beans	Sweetcorn	Cabbage		
Recipe code	R01850	R00084	R00445	R00180	R00056
Vegetable 2			Carrots		Baked Beans
Recipe code	R00167	R00039	R00182		
Dessert					
Recipe code	R01629	R02116	R02585		R02492

Week 3: 17 September 2018, 8 October, 5 November, 26 November, 17 December, 21 January 2019, 11 February.